

Rising Earth Massage Therapy Onsite Services

On-site services are available for Corporate or Private Parties. Chair massage can be done in almost any location or venue. Most companies contract with massage therapists who schedule appointments with employees during breaks. The recipient is seated in a specially designed chair which allows the therapist to work on the back, neck, shoulders and arms addressing the common problem areas of today's workers. There is no oil used and the worker is fully clothed. The massage session usually lasts 10-15 minutes.

Some of the events that we have provided services for has been health fairs, networking and marketing events, onsite services in senior living facilities (including long term and memory care), sports events, birthday parties, ladies nights, ongoing corporate wellness programs, nurses and teacher appreciation week and wellness events. Call today to schedule your onsite event!

Corporate Events / Chair Massage

Does your company have a Wellness program? Implementing therapeutic massage into your wellness program has great benefits to both the employer and employee. Chair massage fits nicely in an existing wellness program. If you do not have a program in place chair massage can become the cornerstone for a new program. Studies show that office workers who are massaged regularly perform better, and are less stressed than those who are not massaged. Research also indicates that a 15 minute chair massage results in increased alertness and increased speed and accuracy on math computations. Maintaining a stress free environment for your employees can result in a substantial long-term cost saving benefit to you!

Did You Know??

- *Stress accounts for \$26 billion in medical and disability payments and \$95 billion in lost productivity per year
- *Over 50% of lost work days are stress related, which keeps about 1 million people per day from attending work
- *40% of job turnover is due to stress
- *80% of industrial accidents are due to stress

Benefits of Chair Massage

- Improve Productivity
- Improve Morale
- Improve Retention
- Reduce Stress
- Prevent and Manage Repetitive Stress Injuries
- Reduce sick time

Chair Massage for the Aging

Everyone loves to be touched, and seniors are no different, perhaps needing it more. Massage offers healing benefits and removes stress. These sessions can be performed in a wheelchair or any other chair that provides comfort to the client. Some specific benefits of geriatric massage are:

- It is beneficial for those with Alzheimer's to help them be calm and able to talk
- Helps those with arthritis by lubricating the joints for smoother functioning
- Assists with muscle coordination, dexterity, balance, and strength
- Range of motion is improved
- Lifts mental alertness and energy levels
- Aims to improve posture by strengthening muscles in the spine reducing tension
- Better sleep quality for deeper sleep
- Reduction in prescription medications and/or over-the-counter drugs

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Private Parties

We can bring the spa experience directly to you within a 15 mile radius. A minimum of 5 people are required for a private party. We are able to accommodate large parties up to 20 people. Private parties can choose to have chair or table massage. Table massage is done in 20, 30 or 60 minute sessions and requires a set up fee in addition to a travel fee. Table services offered are Swedish or Signature Massage and can be paid by the minute per person or at an hourly rate.

Onsite Rates

| Venue | Hourly Rate | Travel Fee | Set Up | Service | Session Time |
|---------------|-------------|------------|--------|-----------|---|
| Corporate | \$85 | \$25 | n/a | n/a | n/a |
| Private Party | \$90 | \$25 | \$30 | Swedish | 20 Min - \$35 30 Min - \$45 60 Min - \$75 |
| | | | | Signature | 20 Min - \$45 30 Min - \$65 60 Min - \$90 |